Langley Hospice Society

langleyhospice.ca

Providing compassionate care and support since 1983

Adult Bereavement Peer Support Schedule

September 2026

Supportive Steps Walking Group

SUPPORTIVE STEPS WALKING GROUP (9:30am to 11:30am) McLeod Park (meet at CLA Parking Lot) 21277—56th Avenue, Langley, BC	September 2, 9, 16, 23 (Donna & Nancy)
WEDNESDAY MORNING COFFEE DROP-IN (10.30AM TO 11.30AM) Supportive Program Centre 20660—48th Avenue, Langley, BC Informal Program. Open to all adult bereavement participants	September 2, 9, 16, 23 (Donna & Nancy)

Scheduled Coffee Drop-In Grief Support Groups

Walnut Grove—Alternating Tuesdays (6.30pm to 8pm) Walnut Grove Secondary School 8919 Walnut Grove Dr, Langley Twp, BC	September 15, 29 (Wendy & Sarah)
Aldergrove—On Pause for September	On Pause for September
Langley—Alternating Fridays (1:00pm to 3:00pm) Supportive Program Centre at 20660—48th Avenue, Langley, BC	September 11, 25 (Wendy & Sarah)

Other Support Offerings

PARENT/CHILD DINNER FOR PARENTS WHO HAVE LOST A PARTNER (6:00pm to 7:30pm) **Registration with Stephannie in advance is required.** Supportive Program Centre at 20660—48th Avenue, Langley, BC	September 29 (Stephannie & Kelly)
MEN'S COFFEE DROP-IN GROUP (1:00pm to 3:00pm) Supportive Program Centre at 20660—48th Avenue, Langley, BC	September 18 (Frank & Don)
MOM'S GROUP Alternating Friday Mornings (10:30am to 12:30pm) Supportive Program Centre at 20660—48th Avenue, Langley, BC	September 4, 18 (Stephannie & Donna)
FRIDAY MORNING YOGA FOR GRIEVING ADULTS (9:00am to 10:30am) In person or Via Zoom Supportive Program Center at 20660—48th Avenue, Langley, BC	September 4, 11, 18, 25 (Lindsay, Christine, & Nova)
COOKING TOGETHER Monthly (5:00pm to 8:00pm) **Registration in advance is required. Please note: $10.00 fee for supplies.** Supportive Program Centre at 20660—48th Avenue, Langley, BC	September 25 (Areesha)

Please note: All program offerings require an intake with one of our program staff prior to participation. If you would like more information, or to register for any of these programs, please reach out via email to: griefsupport@langleyhospice.ca or call us at: 604.530.1115.