Langley Hospice Society

langleyhospice.ca

Adult Bereavement - Peer Support Schedule

May 2026

Supportive Steps Walking Group

SUPPORTIVE STEPS WALKING GROUP (9:30am to 11:30am) McLeod Park (meet at CLA Parking Lot) 21277—56th Avenue, Langley	May 6, 13, 20 & 27 (Donna & Nancy)
WEDNESDAY MORNING COFFEE DROP-IN (10.30AM TO 11.30AM) Supportive Program Centre 20660—48th Avenue, Langley, BC Informal Program. Open to all adult bereavement participants	May 6, 13, 20 & 27 (Donna & Nancy)

Scheduled Coffee Drop-In Grief Support Groups

Walnut Grove—Alternating Tuesdays (6.30pm to 8pm) Walnut Grove Community Centre—8889 Walnut Grove Dr, Langley Twp, BC	May 12 & 26 (Wendy & Sarah)
Aldergrove—Alternating Thursdays (6.30pm to 8pm) St. Dunstan's Anglican Church- 3025 264 St, Aldergrove (St. Alban's Room)	May 14 & 28 (Areesha)
Langley—Alternating Fridays (1:00pm to 3:00pm) Supportive Program Centre at 20660—48th Avenue, Langley, BC	May 8 & 22 (Wendy & Sarah)

Other Support Offerings

SPRING POTLUCK (5:30pm to 8:00pm) Supportive Program Centre at 20660—48th Avenue, Langley, BC	May 1
MEN'S COFFEE DROP-IN GROUP (1:00pm to 3:00pm) Supportive Program Centre at 20660—48th Avenue, Langley, BC	May 15 (Frank & Harvey)
MOM'S GROUP—Alternating Friday Mornings (10:00am to Noon) Supportive Program Centre at 20660—48th Avenue, Langley, BC	May 1, 15 & 29 (Stephannie & Donna)
FRIDAY MORNING YOGA FOR GRIEVING ADULTS (9:30am to 11:00am) In person or Via Zoom Supportive Program Center at 20660—48th Avenue, Langley, BC	May 1, 3, 15, 22 & 29 (Lindsay & Nova)
COOKING TOGETHER—Monthly (5:00pm to 8:00pm) **Registration in advance is required. Please note: $10.00 fee for supplies.** Supportive Program Centre at 20660—48th Avenue, Langley, BC	May 29 (Steve & Veronika)
PARENT/CHILD DINNER FOR PARENTS WHO HAVE LOST A PARTNER (6:00pm to 7:30pm) **Registration with Stephannie in advance is required.** Supportive Program Centre at 20660—48th Avenue, Langley, BC	May 20 (Stephannie & Kelly)

Please note: All program offerings require an intake with one of our program staff prior to participation. If you would like more information, or to register for any of these programs, please reach out via email to:
griefsupport@langleyhospice.ca or call us at: 604.530.1115.