Langley Hospice Society & Foundation

ANNUAL REPORT

April 1, 2019 - March 31, 2020

Executive Director's Report

Reflecting back on my experiences as I come to the close of my first year as the Executive Director of the Langley Hospice Society, I was asked to try to identify one word that best describes who we are, and what we do here. I always struggle with limiting myself to one word descriptors. How do I capture in one word the spirit or essence of our organization? How do I note the incredible work and drive of our volunteers and staff? How do I measure the support that surrounds LHS from our community using just one single word? That is impossible I thought, because how can one capture all of that beauty with a singular word?

And then it hit me. PEOPLE. It's our people.

It's our clients, who we are privileged to walk alongside through their palliative and grief journeys. It's our volunteers who tirelessly support our work and help us deliver on our mission, and are truly part of our hospice family. It's our donors, supporters and community partners whose continued investment makes everything we do possible. It's our dedicated and engaged Board of Directors, whose leadership has allowed us to grow and flourish. And it's our incredible staff team who work so hard day after day to ensure the essential work of the Langley Hospice Society continues for those who need us, when they need us the most.

Without our people, we could not do what we do, or be who we are to the community we serve It is because we are part of such a caring and compassionate community that invests in itself, that the Langley Hospice Society can continue to deliver client-centred and responsive supports, services and programs for those in need, including:

- Bereavement support programs and services that serve children as young as two or three years of age, through to adults of any age and stage, and are provided free of charge, no matter the circumstances surrounding the deaths of their loved ones.
- Palliative support available in the hospice residence and in the community for end-of-life patients and their families, through trained and supported LHS client volunteers.
- Grief support programs for children & youth that offer recreation, art and play-based supports, and allow those we serve to have a safe place to explore and talk about the thoughts and feelings around their loss.
- Adult grief support programs that continue to grow and develop to accommodate the unique needs of those who access services, this has included the addition of many social and recreation–based programs for adult clients.
- Our Second Story Treasures Thrift Store in Walnut Grove, continues to thrive through the hard work of our amazing team of staff and volunteers. This "little store that can" provides more than 30% of our annual operating budget, and we are grateful for the incredible donors and customers who help make this possible.

The end of our fiscal year saw the onset of Covid-19 and the accompanying challenges and changes, throughout this time, the Langley Hospice Society has led our work with the message, "We are still here for you…" - and we are. Our people, our Langley Hospice family, have been flexible and nimble during this difficult time, allowing us to creatively continue to provide meaningful support for our clients and our community.

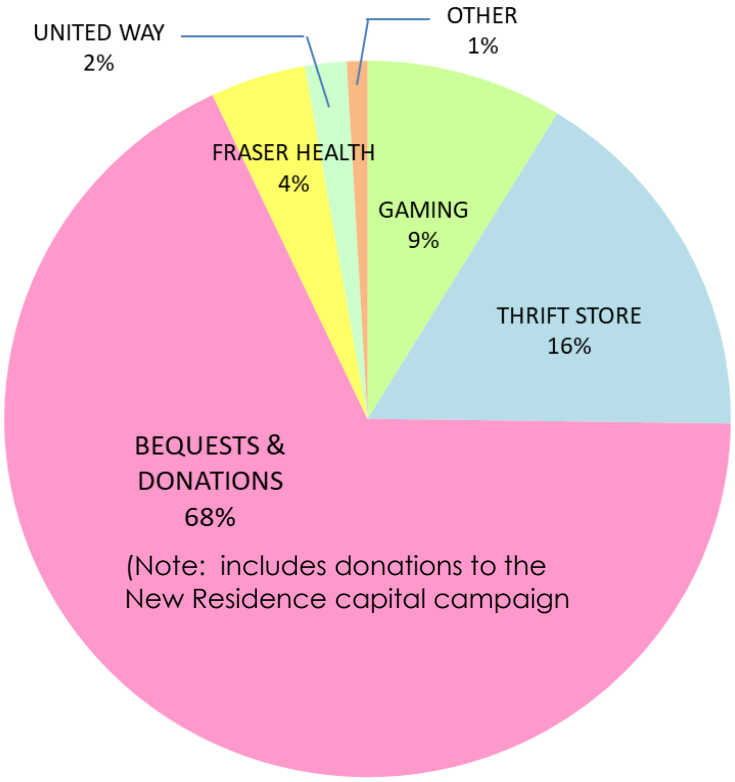
Thank You for your role in ensuring that Langley Hospice is still here to meet the growing needs for palliative and bereavement care and support in our community. I hope as you read through our 2019/20 Annual Report that you will be as inspired as I am at the positive impact the Langley Hospice Society has on the lives of so many in our community.

Carissa Halley, Executive Director

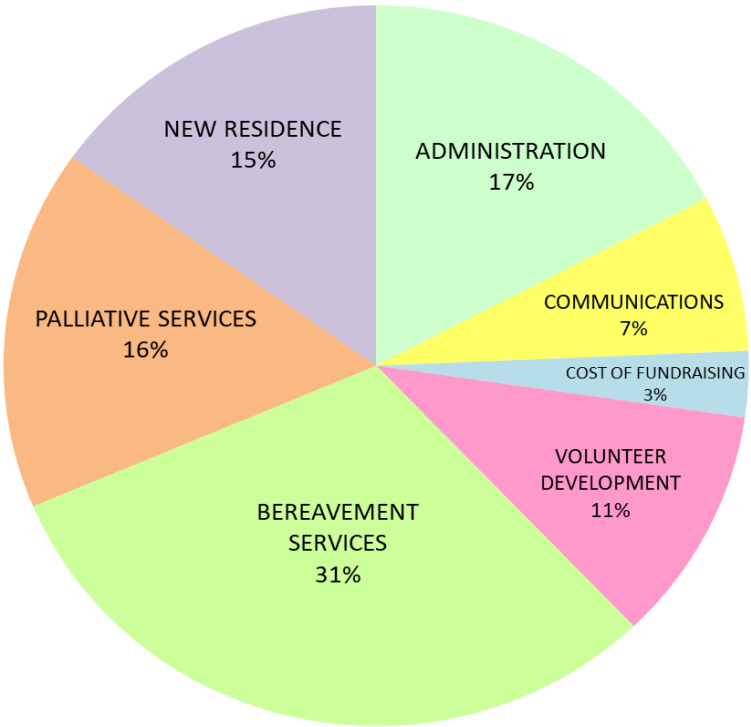
Did you know….the Langley Hospice Society operates on an annual budget of less than $560,000? We want our donors to know that your dollars are well spent – flip through the next few pages and see the impact of these dollars on direct program and service delivery!

LANGLEY HOSPICE SOCIETY
REVENUE/EXPENSES 2019/20

REVENUE
April 1, 2019—March 31, 2020



EXPENSES
April 1, 2019—March 31, 2020



Langley Hospice Society
langleyhospice.com
Providing compassionate care and support since 1983

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Bob Carpenter, Vice President
Bonnie Greenlee, Treasurer
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Angie Mays
Dorscie Paterson
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Linda Sheridan
Child & Youth Bereavement Support
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Palliative/Volunteer Support
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Volunteer Services
Denise Station
Administrative Services
Wendy Vetsch

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Melanie McDougall
Assistant Managers
Lianne Buxton, Shannon Hindley

SUPPORTIVE PROGRAMS CENTRE
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Email: info@langleyhospice.com
www.langleyhospice.com

FACEBOOK:
www.facebook.com/langleyhospicesociety
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BRITISH COLUMBIA
The Best Place on Earth

United Way of the Lower Mainland

Adult Bereavement Support

Throughout the last fiscal year, our Adult Bereavement Program provided more than 5,000 contact hours with over 775 individuals accessing the support and services that the Langley Hospice Society provides. Our program offers a variety of supports and activities to bring people together, from one-to-one sessions and structured support groups to more casual ways of supporting those who are grieving. Here are a few highlights from this past year:

Trish, OKTOBERFEST Cooking Together

Gabby, OKTOBERFEST Cooking Together

- Food is always a good way to bring people together; it is a gesture of comfort—from coffee groups to potlucks for past group participants that allow clients to connect informally on their own terms.
- Cooking Together continues to provide casual grief support as people connect and share their experiences and prepare a shared meal. These evenings have great participation and see more men in attendance than at other events.
- Just before the onset of Covid-19 and the accompanying restrictions, we began offering 'Not Your Parents Support Group', a dinner evening for individuals in their 20's and 30's. Younger people are not drawn to the traditional support groups that work well for older adults, and these dinners were able to provide a more casual way for them to connect. There was deep sharing, connection and support at the two dinners we were able to host this year.
- Our Supportive Steps Walking Group, offered weekly, continues to provide another less formal way for people to connect and share.
- This year, with support from volunteer instructors, we offered a number of gentle exercise classes for grieving adults including: Yoga, Tai Chi and Essentrics. These classes provide tools to help calm the physical stress experienced while grieving. Classes have been well attended and Yoga and Essentrics continue to be offered remotely via ZOOM.
- Thanks to a generous grant from the **First West Foundation** through **Envision Financial**, we have been able to continue to offer general support groups and our groups for parents who have lost their adult children to suicide and substance use.
- Bi-weekly Mom's Coffee mornings and other drop-in coffee mornings for our clients to connect in person between groups, are well-attended events.

The year has been a busy one, and the demand for services continued to grow, which saw us experience wait times for first-time appointments in February of this year, just prior to the onset of Covid-19.

The restrictions that were put in place in mid-March had an impact on how we provide support, as it was necessary for us to cease our in-person programs and services. Grief and isolation are difficult companions and the need for the province-wide restrictions added a new level of stress for us and our clients. We found it important to embrace the technology we had access to, and have been able to provide support remotely via phone, text, email, Skype, Facebook, Facetime and Zoom. With the recent movement into Phase 2, we have been able to begin to meet with people in person on the back porch or in our larger multi-purpose room. We are now experiencing additional calls and referrals, resulting in wait times for first-time appointments.

We continue to benefit from the generous gifts of time from our amazing adult bereavement volunteers and want to send our gratitude out to the following:

- Brenda Singbeil, for her ongoing support in our Adult Bereavement Program, AND for being my right hand person in the delivery of our ;oss support groups;
- Ruth Nobel, Wendy Hodges, Sharon Wood and Rick Wallis who've helped facilitate support groups;
- Manfred Rossdeutscher for leading the Supportive Steps Walking Group; and Roberta Higgs, Dale Attrell, Wolf Kuehn, Bill Wiseman and Bob Chaplin for their roles in assisting with the group and stepping in when needed;
- Marge Johnson, Pat Thebaud and Gabby Scully, our Cooking Together Committee;
- Our volunteer instructors, Lindsay McIntyre (Yoga) and Carol Olesksiuk (Essentrics), for providing weekly classes in-person and via ZOOM and Beulah Vail for providing Tai Chi classes; and
- to our office volunteers, and a special mention to Audie, Heather and Eileen, for the program admin support.

Linda Sheridan
Adult Bereavement Program Coordinator

Child & Youth Bereavement

This has been another wonderful year for the Child & Youth Bereavement Program. We welcomed a new staff member, Nichola Lavallee, in September. Together we have worked to deliver client-centred and responsive bereavement support for the children, youth and families we serve through our Supportive Programs Centre and in the community. In addition to the ongoing one-to-one and group support, and special events we offer, we were able to increase our community outreach through ongoing relationship building with our school communities.

We have continued to develop programming to meet the needs of our growing pre-teen population by providing connection-based events where pre-teens can meet others their age who understand what it's like to live with loss. The acceptance and support they find through connecting with their peers is immeasurable. Feedback has been positive from our pre-teens and their parents—the kids are always excited to attend these events, and they feel that Hospice is a safe place where they can connect, laugh and have fun.

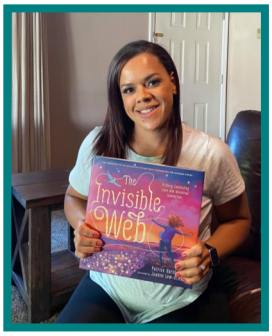
Group support has been an important component of our ongoing programming to support children of all ages. This past year, with support from our volunteers, we were able to create three new groups: the Saplings Group (ages 5 to7), the Sprouts Group (ages 7 to10), and the Roots Group (ages 10 to 13), with a total of six support groups running throughout the year.

We have continued to offer our Kids Connect monthly drop-in program, as well as our other special events, including our annual Christmas day camp program. We know that grief and joy can co-exist, and events like these bring the kids together to have fun and know that it's okay to laugh and to be happy, even when they're grieving.

Summer saw our Camelot-themed camp program sort our campers into Royal houses: the House of Falcons, the House of Fury, the House of Lions, the House of Dragons and the House of Wolves! Twenty children were able to spend a fun-filled overnight camp connecting with other campers and leaders through arts and crafts, recreation and games, a theme night and more! This year, there were several new junior leaders who were mentored by the senior leaders and staff. As always, the camp leaders did a fantastic job of supporting children on their grief journey, and allowing them the space to play and have fun!

This year, our staff has been able to access some great educational opportunities. The Langley Hospice Society is committed to ensuring that our support programs and services continue to be relevant and innovative to meet the needs of the clients we serve. This October, we attended a two-day BC School Counsellors Conference and learned about the impact of adverse childhood experiences, how to promote resiliency, trauma-informed practice, therapeutic and educational games and understanding complex trauma. We were also able to host and participate in two workshops through community grants from the Township of Langley and the City of Langley that were facilitated by The Dougy Centre for Grieving Children and Teens, on best practices for supporting grieving children and youth and caring for children affected by a family member living with advanced serious illness. We have also participated in a workshop though CTRI about practical intervention strategies for children and youth with anxiety.

With the onset of COVID-19 and the accompanying health and safety directives, the Langley Hospice Society had to make the difficult decision to cancel all in-person services for our clients. In order to continue to meet the need for support during these far from normal times, we have been focusing on providing content, resources and information clients can use in their own homes. This has included virtual story times, teen and adult book recommendations with accompanying discussion questions and talking points, weekly games, crafts and activities that caregivers can do, as well as weekly movie recommendations. Feedback from parents and caregivers has been positive: *"this is so helpful for little ones." "Wow, such good resources!!" "I just wanted to pass along how much your story times are helping, especially in times like these…it really opened up a conversation about family, of life and death…you are making a difference!"*



Ria Brand, Child & Youth Bereavement Coordinator

Our team is incredibly proud of all that has been accomplished this year. It is our ultimate goal that every child who accesses our services knows how valued and supported they are, and that even in the face of their loss, they will find comfort and a sense of belonging here at Langley Hospice. Thank you to all of our volunteers who have made this possible; your gift of time is invaluable.

"Langley Hospice is a place where I can go to express my feelings, laugh, play and know I am not alone…making new friends is one of my favourite parts about Langley Hospice and all the fun activities I get to do with them"-T, aged 10, lost her aunt.

Nichola Lavallee, Child & Youth Bereavement Support Worker

Palliative Support & Langley Hospice Residence

Connection is at the heart of the work our staff and volunteers do, in supporting end-of-life patients and their families. It has been a wonderful year, with some comforting similarities along with the changes that come naturally with time. No two experiences are the same, and so providing comfort and support looks as unique as each person's journey, and this is one of the reasons our Palliative Support volunteers so enjoy the work they do, and why I'm grateful to train and support this amazing group of individuals.

This past year, we were able to offer two, 10-week sessions of hospice basic training, with a total of 32 participants completing the program, and with 14 of those becoming palliative volunteers with Langley Hospice. Initially developed to educate and train potential volunteers who provide comfort and support for the dying and their families, the content has broader appeal for those looking to increase their learning and develop skills for their own work environments, or in their own lives. The subject of death, grief and loss continues to be difficult for many, but we're slowly seeing an increase in people who want to become more familiar with them, and who recognize the reality that this is something we will all eventually face. We hope that as more people learn and become comfortable with these important topics, that we will be better able to support each other.

A shorter, more-tailored training was developed and offered for some of our existing office and thrift store volunteers. In the course of their volunteer work, they encounter people who are grieving or who may be newly diagnosed with a terminal illness – and the tools explored during this training have been beneficial for them and their roles with LHS.

Our palliative volunteers have many roles in the hospice residence, and one is giving a helping hand during meal times to alleviate the workload for the nurses. This year, we offered two feeding trainings, and saw 19 of our volunteers bring their new skills to the team.

Our staff and volunteers are passionate about ensuring that the Hospice Residence is calm and welcoming for all who enter its doors. Each season there is something different happening outdoors on the grounds, with beautiful planters that have been planned, planted, watered and fertilized by a small group of volunteers. None of this would be possible without the generous donations of bulbs and plants from local businesses, Cedar Rim Nursery and Botanus. We are grateful for the combined efforts to create spaces that are welcoming for all.

Our staff and volunteers are proud of the continuum of care and support they provide for patients and families through the hospice residence, which has been the primary focus of my work here at the Langley Hospice Society. The end of our fiscal year saw a dramatic change in our ability to provide support and services in the residence due to Covid-19 and the accompanying restrictions. We have had to temporarily cease our onsite volunteer support, which until that time saw volunteers in residence for four-hour shifts, 12 hours per day, 7 days per week, 365 days per year. This has been a challenge for all concerned, coming to terms with not being able to provide in-person care and support for residents and their families, and for staff at the residence. We don't know what the future brings, but many volunteers are eagerly awaiting a return to the residence and the work they love doing.

I would like to end by saying "Thank YOU" to all of our palliative volunteers—too many to mention by name—my co-workers, the staff at the hospice residence and all the clients we have served.

Fernande Ouellette
Palliative Program Coordinator

Volunteer Programs

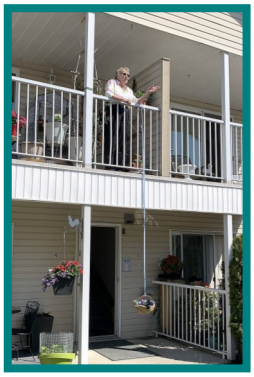
This year has been one to remember! In addition to all the incredible ways our Langley Hospice volunteers support us through their investment in our programs and services, and the day-to-day operations of our Second Story Treasures Thrift Store, many also took part in several new and different events. One thing that we can say with confidence is that no matter what adventure is in store for our volunteers, they are up for the challenge. Here's some of the highlights from 2019/20:

- April 6, 2019—Plates & Glasses: 42 volunteers helped us host more than 120 guests for a 5-course meal prepared by the team at Well Seasoned, served up—family style by teams of volunteers—and then drove our guests home in vans provided by North Langley's Driving Force.
- June 9, 2019—Langley Hospice Annual Spring Volunteer Appreciation Event: this year's event was carnival-themed and the weather was on our side…the sun came out and so did more than 80 of our volunteers, to play games and socialize.
- July 14, 2019—Driediger Farms Raspberry Tea: 21 volunteers came out and helped at this Mad-Hatter-inspired Tea Party, a third-party event hosted by Dreidiger Farms in support of LHS.
- July 2019—Furniture moving: 11 volunteers plus a number of our local ToL firemen came out and helped us move out some of our older furniture to make way for a generous donation of some gently used items to update our offices and reception area.

- August 10, 2019—Annual Butterfly Release at Krause Berry Farms: 17 hospice volunteers along with those from our event partners, Langley Lodge, came out to distribute more than 400 butterflies, and run the children's craft activities and information tables at this fantastic event that is consistently a volunteer favourite.

- August 30/31, September 1, 2019— Summer Set Music : Eight volunteers helped run the Langley Hospice information table and direct guests for this unique outdoor music festival in Fort Langley.
- September 14, 2019—ToL Mayor's Charitable Gala: 24 volunteers helped out with this exciting event hosted by the Township of Langley Firefighters Charitable Society and benefiting the Langley Hospice Society New 15-Bed Hospice Residence Project and other local charities. Volunteers helped with set-up, décor and logistics, and many dressed up to help with registration at this fabulous black tie event.
- November 16, 2019 Glass Half Full: 20 volunteers helped us host a wine-tasting event for more than 100 guests, in partnership with the Fraser Valley Potters' Guild, Harrison Pointe and KIS Consulting.
- December, 2019—Miracle on Church Street: our annual Celebrate A Life event has been on the move and this year we made the move outside and took part in this new, outdoor Christmas Market in Fort Langley.
- February 19, 2020—LHS Fort Langley Historic Half Marathon: 53 volunteers braved the elements in a new location in Bedford Landing, as a result of flooding on the original route. They were rewarded with some surprise sunshine, cheering on runners and walkers as they crossed the finish line in Fort Langley.

- March, 2020—With the onset of Covid-19 and the accompanying restrictions, many of our volunteers have been temporarily side-lined with the 2-month closure of the SST Thrift Store, and the limited access for volunteers at both the hospice residence and our Supportive Program Centre. As a result, Norma Floyd, one of our Second Story Treasures volunteers, had a great idea. An avid seamstress, she began making face masks at home and then was featured on a Global Newscast with her unique delivery system of a basket-drop from her second floor condo - this resulted in a staggering number of requests for masks – and as usual, many of our volunteers were up for the task. Together, they've raised more than $8,000.00 through the donations for masks for individuals throughout the community.



Denise Station
Volunteer Coordinator

Second Story Treasures Thrift Store

Our 2019/20 fiscal year was a success in so many ways here at Second Story Treasures. Our little thrift store nestled in the heart of Walnut Grove is made possible through the ongoing engagement of our fabulous volunteers, and the amazing donors and customers who support us each week.

We have a strong and committed staff team with the addition of two new assistant managers this year, Shannon Hindley and Lianne Buxton, who both add something special to our behind-the-scenes store environment. SST had some record breaking sales in many months this past year, thanks to the amazing team of volunteers and staff.

Our Annual Fall Flip saw amazing support from our community—with sales of more than $8,000—and then our first-ever Christmas Flip was a huge hit with over $4,600 in day-of sales.

The early New Year saw a decline in donations, but in February, both donations and sales were stronger than the previous year. But… it was March of this year that brought on some surprise challenges, with the onset of Covid-19, and the directives put in place for public safety, which lead us to have to close our doors to customers and volunteers as of March 17, and saw the temporary lay-off of our two part-time staff members shortly thereafter until the beginning of Phase 2.

As challenging as these times have been, we know we're all in this together, and with our committed team of volunteers and staff, and the amazing donors and customers who support us - we will come back stronger than ever.

Melanie McDougall
Manager, Store Operations

Shannon Hindley
Assistant Manager

Lianne Buxton
Assistant Manager

SST Volunteers thanking our friends from **Foster Park** for #SharingtheLove through hosting a local Clothing Drive.

Community Engagement & Fundraising

The Langley Hospice Society is so incredibly grateful to be a part of a compassionate community that sees us receive incredible support from local businesses, community groups and organizations, and individuals each year. With their help we are able to raise the important funds and awareness necessary to ensure the development and delivery of innovative and responsive palliative and bereavement support programs and services that the Society provides free of charge, for the children, teens, adults and families we serve, and to meet the needs of our growing community.

- In April of 2019, we hosted our 3rd Annual Plates & Glasses at the Fort Langley Community Hall, made possible through support of local businesses including: ***Well Seasoned—a Gourmet Food Store, KIS Consulting, 1 Fish 2 Fish Fresh Seafood Market, Bonetti Meats, and Cobs Bread***. The event was sold-out and raised $32,000 in support of the services provided through our Supportive Program Centre.
- Our Annual **West Fine Art Show** at the **Glass House Estate Winery** this past September was a great success. The show welcomed new hosts, the **Joseph Richard Group,** and our VIP Reception sponsors, **Avisar Chartered Professional Accountants** along with record numbers of visitors to this spectacular South Langley location. #SavetheDate for our 2020 **West Fine Art Show, September 18 to 20, 2020**

- Our community continued to "**Paint the Town Blue for Children's Grief Awareness Day"** – In November, we hosted an informative community workshop for more than 75 attendees, in partnership with the Dougy Centre for Grieving Children and Teens, and through support and funding from community grants from the **City of Langley** and the **Township of Langley.**

- Meghan Neufeld, curator of the Spring & Fall **Wee Nation Market** in Fort Langley, presented us with a donation in support of our infant loss support group.

- A donation of $3,900.00 was received from the **Township of Langley Firefighters Charitable Society** through generous employee contributions from the **Langley Township Municipal Workers Union, CUPE 403**.

- This past Christmas season, the Bruce Family and **Cedar Rim Nursery** hosted the sales of beautiful snowflake ornaments with proceeds benefitting LHS.

In addition to the support we receive annually from **United Way** and **BC Gaming**, this past year the Langley Hospice Society received the following grants to assist in the delivery of some of our innovative, client-centred grief support programs, including:

- A Community Grant for $17,500.00 from **Envision Financial** and the **First West Foundation** to provide important funding for the loss-specific group support groups offered through our Adult Bereavement Program.
- A $15,000.00 Kickstart Grant from **Pacific Blue Cross** to revitalize our Resource Library and add important titles to this publicly accessible lending library at our Supportive Program Centre.

- A $5,000.00 grant won by **Brookswood Secondary School** students, **Signy Spencer, Bree Weidendorf, Berkley Wilson,** and **Adam Ostheidt**, through the Canada-wide Youth Philanthropy Initiative (YPI), which they have directed to support Langley Hospice Child & Youth Bereavement Support Programs.

In March of this year, the onset of COVID-19 and the accompanying province-wide directives saw us make some changes for our events and activities moving forward. We are so grateful for the support we continue to receive from our volunteers, clients, donors and supporters that has allowed us to continue to provide support and services, even in this challenging and changing landscape.

This coming year, under the leadership of our Langley Hospice Society board of directors, our staff and volunteers are actively engaged in ensuring the sustainability and growth of the programs and services we provide through the Supportive Program Centre, and we are excited to be moving forward with the construction of our New 15-Bed Langley Hospice Residence Project, as we continue to reach out to our community for support to help us reach our goals.

Shannon Todd Booth, Communications & Funds Dev. Manager
Wendy Vetsch, Administrative Manager

New 15-Bed Langley Hospice Residence

This past year has seen the **Langley Hospice Society** reach some significant milestones towards our new **15-bed Langley Hospice Residence Project...**

- We were chosen as one of the main beneficiaries of the **Township of Langley Firefighters Charitable Society's Mayor's Charitable Gala** this past September. A fun-filled, fire-and-ice-themed event that saw more than 600 attendees, the Gala gave us an opportunity to share the impact this project will have through the provision of 15 private rooms with access to the outdoors, onsite kitchen and common areas, a spa/bathing area, and other comforts of home that will help ease the end of life journey for patients and their families. **The generosity of our community saw a post-event donation of $500,000.00 to help make this new 15-bed Langley Hospice Residence a reality for our community**.
- Our November 2019 Glass Half Full Event, hosted in partnership with the **Fraser Valley Potters' Guild, KIS Consulting** and **Harrison Pointe**, received a pledge of $25,000.00 in sponsorship of a Patient Comfort Care Space, from **Gateway Gives**, and Langley's **Cascades Casino, Hotel and Convention Centre**.
- During the period from August, 2019 to November, 2019 our contractor, **J.Floris Construction,** was able to commence with the ESC and initial site preparation work with a goal to begin construction in the Summer of 2020.

As we approach the reality of construction, the Langley Hospice Society continues to look to the community for support to help us raise the additional funds necessary to furnish, outfit and begin operations of the **New 15-bed Langley Hospice Residence, and truly *make our new house – a home*, for all who enter its doors.**

Many Thanks to the Supporters of our New 15-Bed Langley Hospice Residence Project Fund
April 1, 2019—March 31, 2020

Visionary ($250,000-$499,999)

Township Of Langley Professional Firefighters Local 4550 Charitable Society

Patron ($25,000-$49,999)

Eric Woodward Foundation

Champion ($10,000-$24,999)

Teck Construction
Wawanesa Mutual Insurance Company

Supporter ($5,000-$9,999)

Gateway Casinos & Entertainment Ltd.
Christine LaBorde & Arne Larsen

Contributor ($1,000-$4,999)

Kathy & George Derksen
Bill Ferris
Heather Giuriato
Shirley Read
South Fraser Pipes & Drums

Friends (Under $1,000)

Barbara Adams
Bernice Allegretto
Penny Ames
Dorothy & Albert Anderson
Janet Annand
Carl & Shirley Bertholm
Beta Sigma Phi, Chapter Laureate Beta Gamma
Marie Black
Gloria Blessin
Bruce & Karen Brandow
William & Margaret Brezden
Dorothy Brogan
Norm Buchanan
Helen Butler
Larraine Byers
Bernice Chanasyk
Brad Cooper
Amanda Cowell
Brian & Sharon Croft
Beverly Davidson
Jennifer Davidson
Ingrid De Jong
Janice Dey
Eric W. Diver
Rene Doyharcabal
Christopher Duggan
Jill Edwards
Karen Erickson
Mary Lynn Field
Daniela Finlayson
Fort Langley Artists Group
Charles & Diane Fox

(continued on page 10)

New Residence Fund Donors ~ Friends (Under $1,000) - continued

Janet Gadsby
Dolores Gammon
Michelle Gauvin
Sheelu George
Lucas Giuriato
Rita Gobin
Bonnie Greenlee
Fay Greenwood
Joan Harper
Hazelmere Heritage Fiddlers
Shashank Hedao
Melvina Hennessy
Madison Holman
Donna Hudspeth
Robert & Carol Jarvie
Jennie Katzel
Glenda & Michael King
Maggie Kissling
Hildegarde Klassen
Keith & Gail Knowlson
Sixten Koat
Kim & Milt Kruger
Langley Grovetrotters
Ross Lawrie
Les Girls
Arthur Loyie
Carolyn MacLaren
Pauline Madsen
Krista Magnusson
Nicole Marshall
John & Rebecca Masuhara
Elizabeth McLagan
Carol Metcalfe
Terry Metcalfe
Michelle Montana
Heather Montgomery
Amanda Nadeau
Marianne Neschki
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