Langley Hospice News

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Langley Hospice Society, a community-based, non-profit organization, provides compassionate support to help people live with dignity and hope while coping with grief and the end of life.

Second Story Treasures: Twenty Years and Counting

Spring has sprung at our Second Story Treasures Thrift Store in Walnut Grove...and this year it has truly been a season of change. Earlier this year staff, volunteers, and customers mourned the loss of retired store manager, Diane Boyd, who passed away in December of 2017. With support from the Langley Hospice Foundation and board, Diane was truly the visionary behind this "little store that could". A memorial plaque hangs in her honour at the store—just a small part of the legacy this extraordinary woman leaves behind. Our hearts are with her husband, Dieter, and their family as they grapple with their loss. She will be greatly missed.

With an amazing contingent of volunteers, Second Story Treasures continued to thrive after Diane's retirement in 2013, with the support of Assistant Managers, Kathy Sawatzky and Deborah Campbell, both former volunteers themselves. The store really found its way in 2014 when Deborah took on the role of Store Manager. Under her leadership, donations and sales through the store continue to fund more than 30% of the Langley Hospice Society's annual operating expenses and its important palliative and bereavement programs and services for the community.

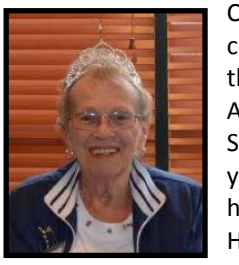
This spring, our volunteers and staff said farewell to both Deborah and Kathy as they both embarked on a new journey of retirement to spend more time with family; in particular, their grandchildren. Our staff and volunteers hosted a retirement party for these two vibrant ladies who have provided leadership and support for the store, and for an army of volunteers who create the magic that is Second Story Treasures. Kathy was in her role for ten years, and Deborah, for more than eight years.

Deborah Campbell & Kathy Sawatzky

The store is in good hands as we embark on a new beginning, with former assistant manager, Roz Molnar, being welcomed into the Store Manager role, and former volunteers, Pat Anderson and Kim Kubala, stepping into staff roles to round out this dynamic new team. We're excited to see the new crew take shape and continue to thrive with the phenomenal support of the more than 80 volunteers who are the incredible force behind the success of this flourishing thrift store since its opening in 1998.

Success like this doesn't happen by accident—it is the continued vision and commitment of the staff and volunteers, the generous donations from the community who choose the Langley Hospice Society to benefit from their contributions of used furniture, clothing, housewares, decor items, jewelry, and more...and every customer who stops in to take a look and can't help but leave with a purchase or two, promising to be back soon. Every Monday, the store is re-merchandised and Tuesday mornings, there is always a line up when the doors open at 10am. Saturdays have their own growing audience; a treasure hunt for all of those one-of items, a day when some of our more unique offerings are available for customers.

Stay tuned, as this year the store will be celebrating its 20th Anniversary...having raised over $1.75 million in the last ten years for the Langley Hospice Society, making a huge impact to our ability to develop and deliver client-centred grief support programs and services and ensure they are available, free of charge, for the children, teens, adults and families we serve.



Congratulations to Norma Floyd, who celebrated her 90th birthday at a party thrown by the thrift store volunteers in April. Norma has been volunteering with Second Story Treasures since 2001—17 years!—and has donated over 4,500 hours during that time. Thank you and Happy Birthday, Norma!

In recognition of Advance Care Planning Day this past April 16th, the Langley Hospice Society hosted the 3rd Annual Planning for the Future Workshop, a day focused on the important information and conversations that need to happen around medical and financial decision making.

The morning began with an hour-long session on learning to capture your life story with living legacy founder **Dean Broughton** (**www.yourlivinglegacy.org**). Attendees shared memories and impactful moments from their youth and learned how they can record these into a timeline and story they can share with loved ones. The remainder of the day included a session about **Advance Care Planning** with **Cari Hoffmann**, Advance Care Planning Project Coordinator with Fraser Health (**www.advancecareplanning.ca**). Planning ahead before a health crisis is something we all should do, yet less than 50% of Canadians have had a conversation with their family and friends and even less have spoken with their doctor. The group spent the morning discussing the concept of Advance Care Planning, and Substitute Decision Making for health care decisions, and were provided with insight and resources to start important conversations. This was followed by an introduction to Langley's Medi-watch Program, by **Barb Stack**, with Langley's Division of Family Practice.

The afternoon session focused on information about Power of Attorney and Estate Planning, as well as other important financial decisions to consider when planning for the future. **Tanya Lyn Werk**, EPC, a Wealth Manager with Investors Group Financial Services Inc., provided an interactive, humourous approach to the seriousness of knowing what you want done and what you need to know to ensure it happens.

The formal sessions were followed by a panel of experts in their fields of accounting, law, financial planning and advance care planning and resources, and provided an opportunity for participants to get their questions answered. Our thanks to **Diane Cere** of DMC Financial & Accounting Services, and **Joanna M. Haban**, Associate Counsel with the Taylor Law Group, who joined the volunteers above for the panel discussions.

This workshop is hosted annually each April by the Langley Hospice Society, in partnership with a number of local Langley-based organizations including: Langley School District Foundation, Langley Seniors Resource Society, Langley Care Foundation, Langley Division of Family Practice and Stepping Stone Community Services Society, who all want to ensure their volunteers, donors and supporters and the general public have the information they need to start conversations and feel prepared to make these important decisions as they plan for the future. Stay tuned for next year's dates!

MAY IS LEAVE A LEGACY MONTH...

...an initiative that encourages the individuals to consider their own philanthropic goals through planned giving. There are many ways to leave a lasting legacy:

- Start Now—make a cash donation or a donation of non-registered securities. For example, if you are holding publicly traded securities that have appreciated in value in your non-registered account (i.e. not held in RRSP or RRIF) consider donating them "in-kind" to a charity. You will receive a tax receipt equal to the fair market value of the securities donated, and you will not be taxed on the capital gains accrued on those securities, as you would if you sold the securities during your lifetime.
- Planned Giving—make a future gift through your estate planning. For example, you can leave a cash legacy, direct specific assets (publicly traded shares or land, etc.)or bequeath a share of the residue of your estate.

DID YOU KNOW...

...THAT PLANNING YOUR **LEGACY** IN YOUR WILL; CAN **REDUCE** THE TAXES FOR YOUR LOVED ONES?

For more information about planned giving and how you can support the Langley Hospice Society, contact us at: info@langleyhospice.com or by phone: 604.530.1115.

Langley Hospice Society & Foundation

Notice of Annual General Meeting

Monday, June 18, 2018 at 7:00pm

at the Society office:
20660 – 48 Avenue, Langley

Everyone is welcome to attend.
Come and hear about our programs and services!

Call **604-530-1115** for more information.
www.langleyhospice.com

Providing compassionate care & support since 1983

Save the Date for our next **Stretch & Sip Yoga Fundraiser** on **Thursday, June 7** in the Fitness Centre at Newlands: this fundraiser benefits our Langley Hospice Society's Teen Grief Support Programs, Your ticket purchase will include one hour of gentle Hatha yoga, with instructor La Vida Adrienne, followed by a complimentary beverage in the lounge with some great company. Tickets are $30.00 and can be purchased by visiting: https://www.canadahelps.org/en/charities/langley-hospice-society/events/stretchandsipfundraiser.

BC Bereavement Day is May 27th, 2018

Every year on the third Sunday of May, the Province of BC recognizes **Bereavement Day** in recognition of all those mourning the loss of someone significant in their lives.

Since 1983, the **Langley Hospice Society** has been committed to providing quality bereavement support to our growing community, and with diverse but limited funding sources, we fundraise annually to be able to continue to offer client-centred, responsive, grief support programs and services, free of charge for those who need them.

Please consider making a donation and join our special community of supporters who play a key role in the provision of grief support programs and services for the children, teens, adults and families we serve.

Langley Hospice Society
langleyhospice.com
Providing compassionate care and support since 1983

20660—48th Avenue, Langley, BC V3A 3L6 | 604.530.1115 | langleyhospice.com

Happenings…

Our **2nd Annual Plates and Glasses** fundraiser was a huge success thanks to the tireless efforts of all of the amazing Langley Hospice Society volunteers, event sponsors, donors, and guests at this year's event. There were five courses of exceptional food and wine pairings, prepared by **Well Seasoned - a Gourmet Food Store** and **KIS Consulting;** sourced through generous local business sponsors including: **1 Fish 2 Fish Fresh Seafood Market, Bonetti Meats, Otter Co-op** and **Cobs Bread**; and served family-style at tables of eight by an incredible team of Langley Hospice Society volunteers. The room was filled with the beautiful music of talented guitarist **Rossi,** and guests had the opportunity to hear from former LHS client, **Rick Rozdeba** who shared his, and his teenage son's, journey after the loss of his wife, Lauren:

"I've struggled a lot in my life trying to hide my emotions, with little to no success, I might add. I grew up in a time where "big boys don't cry" and I'm definitely a big boy. But I do cry. I can't even imagine how to quantify how much I've cried through all of this...but I do know there are more tears to shed. The funny part is, I find myself with tears of gratitude more often. That might sound really strange but it is true. It isn't all pain anymore. Langley Hospice provided me with a safe place to let all my emotions out, whatever they were at any given time. A compassionate staff that made me feel like I actually wasn't losing my mind. I was in fact a grieving widower with a teenage son."

The support provided for Rick and his son, and the many other stories shared in the room, are not possible without support from the broader community. **Plates and Glasses** is an important event for the Langley Hospice Society and this year's event raised over $30,000 to support the development and delivery of the innovative and responsive, client-centred grief support programs and services provided by the Society.

The **Spring Basic Training** session completed in May, with 15 potential palliative/bereavement volunteers completing the 10-week course. As well,

ten of our current palliative volunteers completed the **Feeding Training**, which is required to help with feeding patients at the residence.

My Gift to Langley Hospice

Donated by_____

Address _____

City _____

Postal Code _____

Telephone (____)_____

I would like to make the following donation:

☐ **A monthly gift $** _____

☐ **A one time gift $** _____

Type of payment: ____ Cheque ____ Visa/M/C

*Visa/Mastercard No.:*_____

*Expiry Date:*_____ *CSV No.:*_____
(3-digit no. - back of card)

*Signature:*_____

Please make your cheque payable to:

Langley Hospice Society
Registered Charity Number: 11900 5353 RR0001

Online Donations Accepted
Visit us at **www.langleyhospice.com**
and click "Donate Now"

Memorial or Honour Gift:

In Memory of:_____

In Honour of: _____

Please send a notification of my gift to:

Name: _____

Address_____

_____

Your generous donation helps us to continue to provide compassionate care and support to help people live with dignity and hope while coping with grief and the end of life. Thank You.

Save the Date!

Tuesday, July 10, 6:30—8:00 Langley Hospice Volunteer Orientation Open to all current volunteers, and others interested in volunteering with the Langley Hospice Society; some of the topics covered will include who we are, what we do, and areas our volunteers help out in, and will help people get a stronger understanding of the bereavement support we provide. Please register for this session at 604.530.1115 or by email to Denise at volunteer@langleyhospice.com.

Sunday, May 27 BC Bereavement Day

Monday, June 18, 7:00pm Langley Hospice Annual General Meeting, Supportive Programs Centre

Friday, June 22—Sunday, June 24 Teen Grief Support Camp

Saturday, July 7, 12:30—3:00 Butterfly Release at Krause Berry Farms, Langley

Thursday, August 23—Sunday, August 26 Camp Chrysalis Children's Grief Camp: we are looking for enthusiastic volunteers to help on the clean-up crew on Monday, August 27 ~ please contact Denise if you're interested in lending a hand!

Friday, September 21—23 West Fine Art Show, Glass House Estate Winery, Langley

Welcome New Volunteers!

A heartfelt welcome to the following new volunteers:

♥ **Client**

Lindsay McIntyre
Lindy Miller
Adrienne Thompson

♥ **Office Team**

Wendy Hodges
Janette Kovacs

♥ **Caring Hands Quilters**

Bethany Coull

♥ **Second Story Treasures**

Kathleen Banziger
Madeleine Boucher
Cameron Campbell
Melanie Cordoviz
Lynne Enns
Martha Klassen
Marie McKie
Tracey Potkins
Alexis Rakush
Tina Vance
Al Vandermey
Elsie Vandermey
Ella Youn

♥ **Special Events**

Angela Elemans
Cathy Mittlestead
Kristina Phonmixay
Hunter Phonmixay
Jordan Phonmixay
Kerry Rhead
Manfred Rossdeutscher
Andrea Smeaton

Volunteer Hours
September 1, 2017—March 31, 2018

♥ Client Volunteers	6,518 hours
♥ Store Volunteers	10,838 hours
♥ Office, Events, Board, Newsletter & Other	2,470 hours

That's a total of 19,826 hours over nine months! Thank you to all of our wonderful volunteers for your generous commitment to Langley Hospice!

Would You Like to Get Your Newsletter by E-Mail?

Please send your e-mail address to: info@langleyhospice.com, and help us to reduce our mailing costs and save a few trees!

December, 2017 ~ April, 2018
Donations Made in Memory of:

Roger Adams
Agnes Affleck
Sophie Borody
Diane Boyd
Maureen Bustin
Steve Cox
Bob Gislason
Phil Goddard
Linda Goebel
Les Goertz
Maxine Gray
Lindsay Rhys Griffiths
Peter Hari
Ernest Harris
Pierre Hubert
Amy Hughes
Wally Job
Ruby Kacer
George Kennedy
Muriel Knowlson
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Cornelia Langelaan
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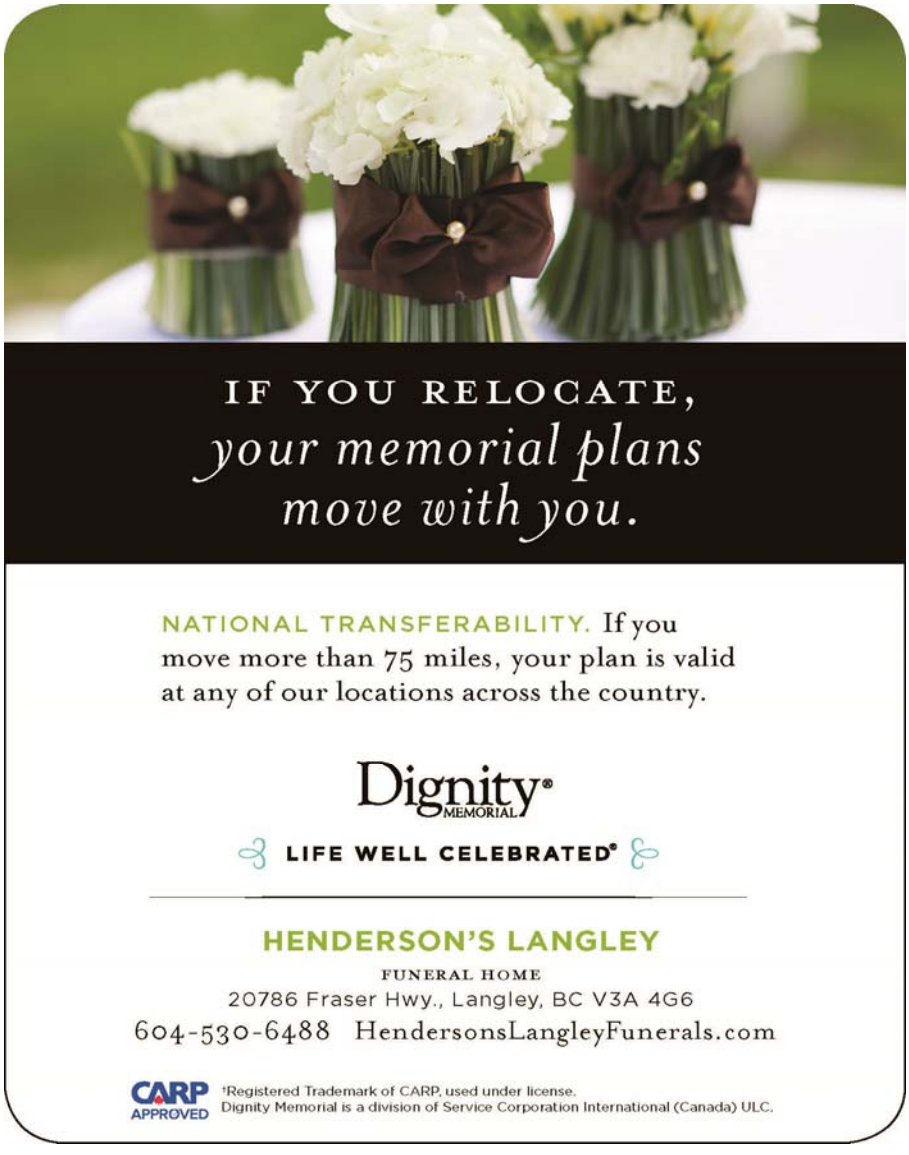
Sean McLaughlin
Joan Miki
Bernice Minar
Alex Minnis Jr.
Sherry Ann Misyk
Agatha Moeller
Florence Monckton
David Moult
Victor Osers
Murray Phillips
Ken Powell
Meilin Sask
Alexander Scott
Joseph Scully
Judy Staniforth
Paul Strouts
Robert Taylor
Tibor Toth
Len & Ethel Vaughan
Glenda Walters
Maurice Weatherly
Margaret Wilson
Catharina Wood
Curtis Wright



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Assistant Managers
Patricia Anderson
Kim Kubala

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