LANGLEY HOSPICE NEWS

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Langley Hospice Society, a community-based, non-profit organization, provides compassionate support to help people live with dignity and hope while coping with grief and the end of life.

This year in an attempt to reduce expenses and our use of paper, we are inviting you to view our **2019/20 Langley Hospice Society & Foundation Annual Report,** by using the following link:

www.langleyhospice.com/annualreport2020

We hope you find this annual Langley Hospice "snapshot" informative! If you would prefer to have a copy of the Annual Report mailed to you, please contact our Supportive Program Centre by phone: 604.530.1115 or email: info@langleyhospice.com.

These are far from normal times, and we are reaching out to let you know that our team here at the **Langley Hospice Society** are still here to help.

- At this time the Langley Hospice Residence has had to limit visitors for the residents, in order to prevent the spread of COVID-19, and reduce the risks for residents and staff. Fernande, our Palliative Support Coordinator, continues to be available via the phone or email to provide information and support for individuals and families, via our Supportive Program Centre.
- Our Supportive Program Centre was closed to the public throughout April and May, with very limited access in June, but our program staff remained available by phone and have been able to provide support and services via phone and video conferencing utilizing tools like Zoom, Facetime, and Skype.
- Our Child and Youth staff have been conducting virtual story times through our Langley Hospice Society FaceBook and Instagram: @langleyhospice and @lhteentalk, with discussion questions and other tips for families, as well teen and adult book reviews, and other tools and resources, along with reaching out to clients via phone and email to check in.
- Our program staff are slowly returning to some in-person client visits at the Supportive Program Centre, with social distancing and daily sanitizing procedures in place, along with using our outdoor spaces to accommodate small groups and other activities.
- Our volunteer-led yoga sessions for grieving adults continue on Friday mornings via ZOOM, and we are grateful to Lindsay, our instructor, who hosts the classes.

The ongoing support and investment by our donors and the community allows the Langley Hospice Society to continue to provide much needed services for those who access them. We cannot do any of this work without you. We'd like to express our heartfelt gratitude to the following:

- The **four Rotary Clubs of the Langleys**, including **Aldergrove, Langley, Langley Central,** and **Langley Sunrise**, for their combined support through a gift of $40,000.00 for our **New 15-bed Langley Hospice Residence Project**;
- **First West Foundation and Envision Credit Union**, for their $17,500.00 community grant, a second year of funding and support for our **Adult Bereavement Loss Support Groups**; and
- $2,500.00 in funding from **Coast Capital Foundation's Covid Relief Fund** to assist with some of the additional expenses incurred to set up remote support for clients, volunteers and staff in order to continue to provide support and services.

Through all of this the Langley Hospice Society remains committed to providing caring and compassionate support to help people live with dignity and hope while coping with grief and the end of life. Grief and social isolation can be difficult companions, and we realize our services are needed now more than ever. We are encouraging people to remember that we can still have "social connection", while practicing "physical distancing". Holding space for each other is a powerful tool, and we encourage you to reach out and connect with others as you are able.

TLFCS FIRST ANNUAL CHIP IN GOLF TOURNAMENT
Presented by Power Earth Enterprises & Vulcan Metalworks

Monday, August 24th
at Redwoods Golf Course
Raising funds for the Langley Hospice Society and the Township of Langley Firefighters' Charities Society
Email charitable@iaff4550.ca or visit www.tlfcschipin.com for registration details and sponsorship opportunities

AN UPDATE FROM OUR SECOND STORY TREASURES THRIFT STORE: After a two-month closure, we were able to re-open to the public on May 25, 2020. Things look a little different , but we're excited to welcome our volunteers back, and to see our customers face-to-face once again.

FOR THE SAFETY OF OUR CUSTOMERS, VOLUNTEERS AND STAFF, WE HAVE THE FOLLOWING SAFETY PROTOCOLS IN PLACE:

- A hand sanitizing station at the front door
- A maximum of 7 customers will be allowed in the store at one time, to adhere to social distancing of at least 6 feet.
- Sanitizing of counters and other high traffic spaces will happen at regular intervals throughout the day
- Reduced hours open to the public: Tuesday, Wednesday, Thursday and Saturdays, 10am to 3pm daily.

WE HAVE ALSO INSTALLED SOME THINGS TO HELP:

- A safety shield has been installed at the cash desk and display case at the front of the store; and
- We have installed arrows and additional signage to help direct the flow of traffic and help us maintain the important safety protocols for all who visit the store.

PLEASE NOTE: Donations are being accepted **BY APPOINTMENT ONLY**...with limited space and sanitizing protocols, we have to manage our receiving area with care. Please call 604.513.9319 to make an appointment . THANK YOU for your continued support, and for your patience as we maneuver this new normal. For more info, please email: **secondstorytreasures@langleyhospice.com**.

LHS SUPPORTIVE PROGRAM CENTRE UPDATE

ADULT BEREAVEMENT - SUMMER OFFERINGS

- **One-to-One In-Person Support** with appropriate social distancing measures in place, and providing support via Phone, ZOOM, FaceTime or Skype.
- **General Support Garden Group** Thursdays: Aug 6, 13, 20, & 27 Time: 10:30am to noon
- **Garden Support for Parents Who've Lost a Child to Substance Use or Suicide** Thursdays: Aug 6, 13, 20, 27 Time 5:30pm – 7:30pm
- **Garden Coffee Mornings for Moms Who've Lost an Adult Child** Friday, August 7 and 21 Time: 10:30am – noon
- **Grief Yoga for Adults**—Via ZOOM, on Friday mornings Time: 9:30am to 10:30am

FOR MORE INFORMATION, PLEASE CONTACT:
Linda at **adultgriefsupport@langleyhospice.com**

CHILD & YOUTH BEREAVEMENT - SUMMER OFFERINGS

- **Grief Support To Go—by appointment only**, C&Y staff are visiting clients, face-to-face, outdoors at their own homes.
- **One-to-one Support —Via phone or ZOOM**, by appointment only and limited opportunity for in-person meetings with appropriate social distancing in place.

For more information, please contact:
Ria at **riabrand@langleyhospice.com** OR
Nichola at **nicholalavallee@langleyhospice.com**

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